

## Brigadiers

5 tablespoons cocoa powder

- 1 tin condensed sweetened milk

### Method

Prep time: 10min > Cook time: 10min

1. In a medium saucepan over medium heat, add condensed milk first then add the cocoa. Cook, stirring, until thickened, about 10 minutes.
2. Remove from heat and let rest for 30 minutes. Using greased hands, form into small balls and eat at once.

I love this recipe because it is my comfort food and its super sweet and satisfying to form. I have made this for years. By Regina P. (Peer Support Group)